



PREPARING YOUR *signature* LOOK



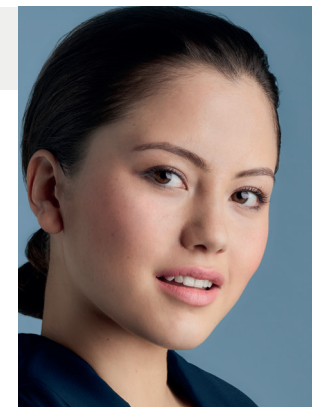
PRE-TREATMENT

Restylane® dermal fillers are wonderfully effective and provide immediate improvements in your skin. It's important, however, to follow these pre-treatment recommendations to make sure you get the best possible result:

- Stay well hydrated and avoid alcohol 24hrs prior to treatment as this will reduce risk of bruising, swelling or bleeding.
- Restylane® has not been tested on pregnant or breastfeeding women, so it is not recommended to undergo treatment if this pertains to you.
- If you have active acne, a cold sore, or are generally feeling unwell you may need to rebook your appointment. Notify your practitioner if this is the case.
- Lips are a highly sensitive part of the body so you may choose to receive additional anaesthesia, for example a local or dental block. Ask your practitioner which will be suitable for you.
- Avoid the use of medications which could thin the blood at least 3 days before treatment. These include aspirin and ibuprofen. Speak to your prescribing physician before stopping any medication.



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POST-TREATMENT

Now that you've had your filler treatment, it's important to be aware of the following information:

- As the active ingredient in your treatment naturally attracts water, you may experience some swelling. Don't worry, this will subside after the first 24 hrs.
- After treatment, you may experience redness, tenderness and tightness. This should start to go away after 24 hrs.
- Keep the area clean, free of makeup and avoid touching the treated area.
- After your treatment, avoid exposing the treated area to heat (sunbathing, saunas, steam baths, etc) until any signs of local inflammation have disappeared.
- Stay well-hydrated as this will help to reduce swelling and give you the best result.

If you are concerned about any unexpected complications or side effects, contact your clinician. Adverse events should also be reported to: Galderma (UK) Ltd, Meridien House, 69-71 Clarendon Road, Watford, Hertfordshire, WD17 1DS
Switchboard: +44(0)1923 208950 Email: info.uk@galderma.com.